

Family Trip Packing Checklist ♥

One list for the whole family. Tick it off as it goes in the bag.

DOCUMENTS & MONEY

- ☐ Passports / IDs for everyone
- ☐ Tickets, boarding passes & confirmations
- ☐ Insurance cards & travel insurance info
- ☐ Credit cards, some cash
- ☐ Copies of important documents

CLOTHES (PER PERSON)

- ☐ Outfits for each day + 1 spare
- ☐ Pajamas
- ☐ Underwear & socks
- ☐ Layers: sweater or light jacket
- ☐ Comfortable walking shoes
- ☐ Swimsuits
- ☐ Hats & sunglasses

TOILETRIES

- ☐ Toothbrushes & toothpaste
- ☐ Shampoo, soap, deodorant
- ☐ Sunscreen & bug spray
- ☐ Hairbrush & hair ties
- ☐ Wipes & hand sanitizer

HEALTH & MEDS

- ☐ Everyday medications (in carry-on)
- ☐ Allergy meds / auto-injectors, if needed
- ☐ Pain & fever reliever for kids and adults
- ☐ Band-aids & small first-aid kit
- ☐ Thermometer

TECH

- ☐ Phones & chargers
- ☐ Tablet + kids' headphones
- ☐ Portable battery pack
- ☐ Plug adapters (if traveling abroad)

KIDS' FUN & COMFORT

- ☐ Favorite lovey or blanket
- ☐ Books, coloring & small toys
- ☐ Snacks & refillable water bottles
- ☐ Activity printables & crayons

BEFORE YOU LEAVE

- ☐ Lock doors & windows
- ☐ Take out trash, empty fridge
- ☐ Set thermostat, unplug extras

DON'T FORGET

- ☐ _____
- ☐ _____
- ☐ _____

Baby & Toddler Extras ♥

Page 2: the little-traveler add-ons. Skip it if your kids are past this stage.

DIAPERING

- ☐ Diapers (more than you think you need)
- ☐ Wipes & changing pad
- ☐ Diaper cream
- ☐ Disposable bags for messes
- ☐ Spare outfit for baby (and you)

FEEDING

- ☐ Bottles / sippy cups
- ☐ Formula or milk + storage
- ☐ Bibs & spoons
- ☐ Pouches & familiar snacks
- ☐ Burp cloths

SLEEP

- ☐ Sleep sack or favorite blanket
- ☐ White noise machine or app
- ☐ Travel crib or sheets for one
- ☐ Portable blackout shade
- ☐ Night light

GEAR

- ☐ Car seat (or check rental)
- ☐ Travel stroller
- ☐ Baby carrier
- ☐ Portable high chair or booster
- ☐ Outlet covers & small safety items

TRAVEL DAY

- ☐ Pacifiers + clip
- ☐ New small toys to unwrap
- ☐ Teether
- ☐ Extra layers & socks
- ☐ Medicine dosing syringe

HEALTH

- ☐ Baby's medications & dosing info
- ☐ Saline & nasal aspirator
- ☐ Pediatrician's phone number

DON'T FORGET

- ☐ _____
- ☐ _____
- ☐ _____